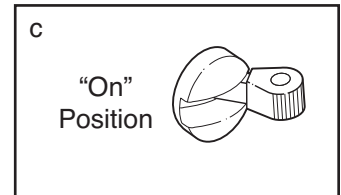


TROUBLESHOOTING

Most incline trainer problems can be solved by following the steps below. Find the symptom that applies, and follow the steps listed. If further assistance is needed, please see the back cover of this manual.

1. SYMPTOM: THE POWER DOES NOT TURN ON

- a. Make sure that the power cord is plugged into a properly grounded outlet. (See page 12.)
- b. Make sure that the key is inserted into the console.
- c. Check the on/off circuit breaker located on the incline trainer near the power cord. Make sure that the on/off circuit breaker is switched to the "on" position.

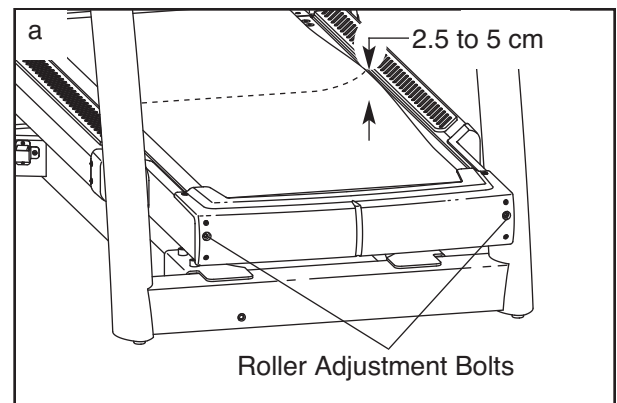


2. SYMPTOM: THE POWER TURNS OFF DURING USE

- a. Check the on/off circuit breaker located on the incline trainer near the power cord. (See drawing 1. c. above.) Make sure that the on/off circuit breaker is switched to the "on" position.
- b. Make sure that the power cord is plugged in.
- c. Remove the key from the console. Reinsert the key into the console.
- d. Check the walking belt and the walking platform for excessive wear. Replace the walking belt or the walking platform if necessary.
- e. If the power still turns off during use, please see the back cover of this manual.

3. SYMPTOM: THE WALKING BELT SLOWS WHEN WALKED ON

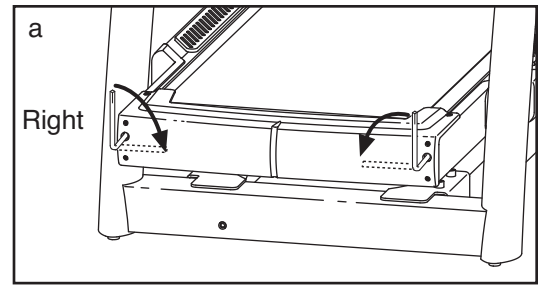
- a. If the walking belt is overtightened, performance may decrease and the walking belt may be damaged. If the walking belt is properly tightened, you should be able to lift each side of the walking belt 2.5 to 5 cm (1 to 2 in.) off the walking platform. **If adjustments need to be made, first remove the key and unplug the power cord.** Using a 7/32" hex key, turn both roller adjustment bolts counterclockwise 1/4 of a turn. Then, plug in the power cord, insert the key, and use the incline trainer for a few minutes. Be careful to keep the walking belt centered. Repeat until the walking belt is properly tightened. Note: To tighten the walking belt, see step 4. c. on page 38.



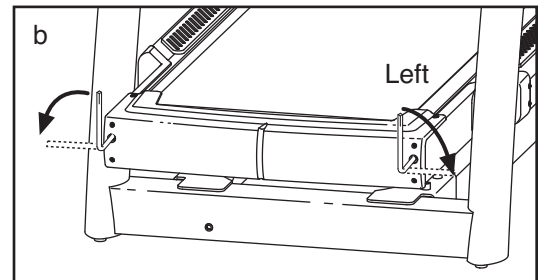
- b. If the walking belt still slows when walked on, please see the back cover of this manual.

4. SYMPTOM: THE WALKING BELT IS OFF-CENTER OR SLIPS WHEN WALKED ON

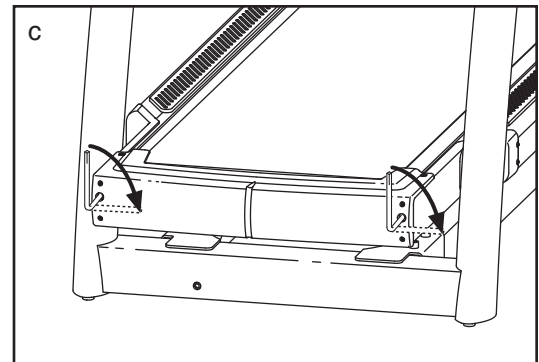
- a. **If the walking belt has shifted to the right: Remove the key and unplug the power cord.** Using a 7/32" hex key, turn the roller adjustment bolts in the directions shown, 1/4 of a turn each. Be careful not to overtighten the walking belt. Then, plug in the power cord, insert the key, and use the incline trainer for a few minutes. Repeat until the walking belt is centered.



- b. **If the walking belt has shifted to the left: Remove the key and unplug the power cord.** Using a 7/32" hex key, turn the roller adjustment bolts in the directions shown, 1/4 of a turn each. Be careful not to overtighten the walking belt. Then, plug in the power cord, insert the key, and use the incline trainer for a few minutes. Repeat until the walking belt is centered.



- c. **If the walking belt slips when walked on: Remove the key and unplug the power cord.** Using a 7/32" hex key, turn both roller adjustment bolts clockwise 1/4 of a turn. When the walking belt is properly tightened, you should be able to lift each side of the walking belt 2.5 to 5 cm (1 to 2 in.) off the walking platform. The center of the walking belt should just touch the walking platform. Make sure to keep the walking belt centered. Then, plug in the power cord, insert the key, and run the incline trainer for a few minutes. Repeat until the walking belt is properly tightened. Note: As you tighten the roller adjustment bolts, the front roller will move. **If the front roller stops moving, do not further tighten the roller adjustment bolts; please see the back cover of this manual.**



5. SYMPTOM: THE WALKING BELT STOPS OR THE INCLINE CANNOT BE ADJUSTED EVEN THOUGH THE CONSOLE REMAINS LIT

- a. This indicates that a controller error may have occurred. To correct the problem, turn the power switch off, wait 5 seconds and then turn the power switch back on.

6. SYMPTOM: THE INCLINE SYSTEM DOES NOT FUNCTION PROPERLY OR THE INCLINE SYSTEM DOES NOT APPEAR TO BE AT THE INCLINE LEVEL SHOWN IN THE MAIN DISPLAY

- a. The incline system may need to be calibrated. To initiate the calibration routine, turn the power switch off, wait 5 seconds and then turn the power switch back on. During the calibration routine, the incline trainer will automatically travel to the lowest incline level and then return to level.
- b. If the incline system still does not function properly, please see the back cover of this manual.